

#### **Monthly Newsletter**



#### **April 2025**



Lockyer Community Centre 14 Crescent Street Gatton Qld.

P: 07 5462 3355 E: info@lockyercc.com.au



### let's have a TEDDY BEARS PICNIC



## THURSDAY APRIL 17TH 9AM - 11AM

- COME ALONG & BUILD YOUR OWN BEAR BIRTH CERTIFICATE & SHIRT
- LIGHT REFRESHMENTS / MORNING TEA
- STORY TIME
- VARIETY OF GAMES
- EASTER TREASURE HUNT SENSORY GARDEN
- FAMILIES & CHILDREN 12YRS AND UNDER
- FREE BACK TO SCHOOL HAIRS WILL ALSO BE AVAILABLE

**ONSITE AT LOCKYER COMMUNITY CENTRE** 

14 CRESCENT ST, GATTON

E: INFO@LOCKYERCC.COM.AU

PH: 07 5462 3355

**BOOKINGS ESSENTIAL LIMITED SPACES (12)** 

PROUDLY SPONSORED BY THE SOCIAL PRESCIBING PROGRAM



**FREE** 





# Bus Trip Gatton to Redcliffe 3rd Tuesday every month

Gather a couple of friends and go on a bus trip for a fun day out to Dolphin Leagues Club Redcliffe

Bus cost: \$30 per person to book or find out more call Frank



## HAIRCUTS

BASIC HAIR CUT'S No Colour BEARD TRIMS
No Style cuts



Unisex All Ages

LOCKYER COMMUNITY CENTRE

14 CRESCENT ST, GATTON

CALL 5462 3355 TO BOOK APPOINMENT

THURSDAY 17TH APRIL
9AM - 11AM



## GOLD COIN DONATION





For Limited Time only.

This is being offered to support people on limited income and assist a local lady gain some practical skills as part of her training.



# Paint & SIP

## Celebrating Youth Week Thursday 10th April 12.00 - 2.30pm

\*FREE\*

- Charcuterie Board
- Mocktails & Refreshments
- · Music
- · Bring a Picture to Paint
- 12yrs 18yrs







#### Onsite At Lockyer Community Centre

14 Crescent St, Gatton Ph: 07 5462 33 55

E: info@lockyercc.com.au

Please ring to book Limited Spaces (10)





## HOP INTO EASTER FAMILY FUN NIGHT AT BUNNINGS PLAINLAND

DATE: THURSDAY, 10TH APRIL 6PM TIL 8PM

**LOCATION: PLAINLAND BUNNINGS** 

HOP ON DOWN & JOIN THE TEAM FROM LOCKYER COMMUNITY CENTRE FOR A FABULOUS FUN-FLLED NIGHT





LINKING YOU WITH SERVICES OF SUPPORT WITHIN THE COMMUNITY.

BENEFITS FROM PARTICPATING
IN SOCIAL PRESCRIBING

#### Who is it for?

The Program is for families within the Lockyer Valley with at least one child in your care under the age of 18 years. Parents/Caregivers and children can all participate in this program. Social Prescribing is about supporting the Health & Wellbeing of people by using community based activities and support.

YOU DO NOT NEED A REFERRAL TO ACCESS THIS FREE SERVICE

#### PROVIDES YOU WITH OPPORTUNIES TO:

Improve your mental and physical heath

Meet new people

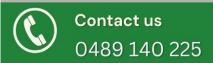
Learn new skills or participate in a new activity

Receive social support from others

Increase self confidence and self-esteem

Become involved in community

LOCKYER COMMUNITY CENTRE 14 CRESCENT STREET GATTON 4343









## Workers Rights Education and Support Program

For Migrants & Refugee Communities in Qld For more information email

septimeakimana@qpastt.org.au

or phone

Carlos Estrada-Grajales: 0499 151 430

Septime Akimano: 0432 184 507







Need Help with your Smart Phone or Tablet?

Free Tech Support Session

One on One 45 min session.

Book now!

5462 3355







## CAMS FREE project SAUSAGE SIZZLE





Thurs 24th April 3.30 - 5.30pm

Lockyer Community Centre
14 Cresent St, Gatton

**EVERYONE WELCOME** 

#### Legal Aid QLD

Will be attending Locker Community Centre On Thursday the 24th April 2.30 –3.30pm

#### **Information Session**

Session will be on general services and eligibility to access these services of Qld Legal Aid Come along if you like to know more...





## Community Wellbeing ART + CRAFT









## Get creative, share some laughs, connect & build networks.

Wed. 2 April - Macrame - Coasters/Placemat

Wed. 16 April - Easter Craft

Wed. 30 April -Suncatcher

Wed. 14th May - Highland Cow

Wed. 28th May - Yarn Weaving

Wed. 11th June - Paint and Pour

Wed. 25 June - Winter Theme/Quilting Art

12:00 pm - 2.30 pm

Lockyer Community Centre
14 Crescent St. Gatton
LIGHT REFRESHMENTS PROVIDED
BOOKINGS ESSENTIAL Ph: 5462 3355
\$5.00 Contribution







#### **SOCIAL & WELLBEING DRUMMING CIRCLE**



Everyone Welcome Free Entry inc.light refreshments

Limited numbers
Book Early

**5462 3355** 

LOCKYER COMMUNITY
CENTRE
14 CRESCENT ST GATTON

7 Benefits of Drumming

A Super Fun Hobby

**Increases Intellectual Development** 

**Social Interaction and Community** 

**Improves Focus & Concentration** 

Relieves Stress, Anxiety & Depression

**Drumming Boosts Your Immune System** 

**Promotes Overall Fitness** 

- FRIDAY 11TH APRIL.
- FRIDAY 9TH & 23RD MAY.
- FRIDAY 6TH & 20TH JUNE

10 AM - 12.30 PM

Facilitated by : Eleven Drums







PROUDLY DELIVERED BY:







EBRATING QUEENSLAND DAY & OUR 40<sup>TH</sup> BIRTHDAY

SUNDAY 8<sup>TH</sup> JUNE 10AM-3PM LITTLETON PARK, GATTON

**FREE ENTRY** 

\$5.00 amusement wrist band Food & Market Stalls \$2.00 lucky number hourly draws **Giveaways** 

Live Music & Entertainment Pineapple Toss Competition Watermelon Eating Challenge **PLUS MORE ...** 



















Starts Back this Friday the 4th April Events Room at Lockyer Community Centre 2pm—4pm

Lockyer Toy Library Membership
12 month Membership \$40—\$80
Contact Lockie's Toy Club to find out what Level
Membership will be best for your family.
Lockyer Community Centre
Call Gillian

Ph: 5462 3355



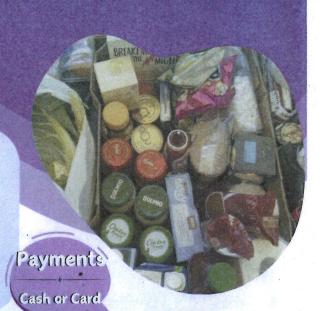
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goodness enterprises

## Food Float

#### What We Do & Why?

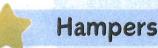
In our mobile food co-op we sell a variety of food products, hampers, & frozen meals. Free bread, fruit & veg with a minimum \$10 spend. We do this to help people spread their dollars further.





#### **Food Products**

- Pasta Sauces
- Dry Foods
- Breakfast Foods
- Snacks



- \$30
- \$40
- \$60
- 9 \$90



Where To Find Us?

Esk

Monday

8:30am-12:30pm

Stepping Stones

Community

Centre

Laidley

Wednesday
(2nd & 4th of
month)

8:30am-12:30pm
Laidley Community
Centre

Coominya
Wednesday (1st
& 3rd of month)
8:30am-12:30pm
Coominya Public
Hall

Fernvale
<u>Friday</u>
8:30am- 12:30pm
Lions Community
Centre



debora@givegoodness.com.au (C



O437 OO9 256 O7 3812 O7O6



Goodness Enterprises
Community Food Co-Op

#### Local and Regional Support Services

#### Seventh Day Adventist Gatton

49 North Street Gatton
TEXT: 0494 145 597
Shower/ Laundry facilities available
Mon, Wed, Thurs
(Knock on Door)
Free Meal—Mondays 5.30pm

#### **Food Assist**

148 Campbell street Toowoomba \$30 food parcels Mon-Fri 9am-4pm 4638 1939 or 4634 1157 With retail site - Heavily reduced items www.actscare.au/foodassist

#### **Lockyer Community Centre**

14 Crescent St, Gatton
5462 3355
M-F 9am –3.30pm
Community Pantry M—F
Emergency Relief Program
Mon, Wed, Frid
By Appointment Only

#### Laidley Community Centre 13 Mary St. LAIDLEY

5465 1889
Emergency Relief Program
Monday – Friday 9.00 am - 3.00 pm
www.laidleycommunitycentre.org.au

#### Salvation Army – Doorways

5 Railway St. GATTON 1300 371 288

#### **Harvest Angels Lowood**

Food Hampers Small \$30 or Large \$50 0478 028 983 or via Facebook page www.facebook.com/harvestangelsinc

#### OR

at door Wednesday & Friday 10am – 12pm 18 Kleinhans Ct. Lowood

#### Homeless Helpline 1800 474 753

Homestyle Lodge Laidley 5462 3427 or 0450 590 331

#### **Laidley Crisis Care** 5318 6811 or 1300 920 865

St. Vincent de Paul Toowoomba 1800 846 643

#### GRANTHAM LODGE 3114 7449

#### FAMILY HOUSING SUPPORT 3230 3410

WOMEN + MEN refuge 3832 1491 Women's Only 3832 6073

#### MEN'S hostel 1800 846 663

Place 2 stay Toowoomba 4638 4050

**STARH Ipswich** 1800 448 448 or 3281 3644

Yellow Bridge Toowoomba 1300 882 764

Toowoomba Crisis Accommodation 4639 1998

## THANK YOU TO OUR SPONSORS, PARTNERS AND LOCAL SUPPLIERS



















#### Lockyer Valley Ford













14 CRESCENT STREET, GATTON 4343

OPENING HOURS: MONDAY TO FRIDAY 9:00M - 3:30PM EXCLUDING PUBLIC HOLIDAYS

CONTACT US
PH: 5462 3355
E: INFO@LOCKYERCC.COM.AU





#### This month

Art Therapy Sessions 2nd, 16th, 30th April

**Drumming Therapy Sessions 11th April** 

Easter Family Fun Night 10th April @Bunnings Plainland 6pm—8pm

CAMS Social BBQ 24th April @ Lockyer Community Centre 4.30pm—6.30pm

Legal Aid Qld Information Session 24th April 2.30—3.30pm

Youth Week Paint & Sip 10th April 12-2.30pm

Centre Closed Easter Friday 18th & Easter Monday 21st April Centre Closed Anzac Day Friday 25th April

#### May

**Bunnings BBQ Fundraiser Saturday the 3rd** 

Art Therapy Sessions 14th, 28th

**Drumming Therapy Session 9th, 23rd**