



**Lockyer**  
community  
centre

**Monthly Newsletter**

**December 2024**



Lockyer Community Centre  
14 Crescent Street Gatton Qld.  
P: 07 5462 3355 E: [info@lockyercc.com.au](mailto:info@lockyercc.com.au)



*Christmas fun*





Lockyer Community Centre  
will be closed over the Christmas New Year  
Period

**Closing**  
**FROM 12 NOON ON THE 24/12/24**  
**Reopening**

**ON THE 8/01/25**

**Should you require assistance, please contact these support services below:**

<b>Lifeline</b>	13 11 14
<b>Suicide Call Back Service</b>	1300 659 467
<b>Kids Helpline</b>	1800 551 800
<b>Standby- Support After Suicide</b>	1300 727 247
<b>Beyond Blue</b>	1300 224 636
<b>1800RESPECT</b>	1800 737 732
National domestic, family and sexual violence counselling, information and support service.	
<b>Headspace</b>	1800 650 890
Free online and phone support and counselling to people aged 12-25 as well as their families and friends, available 9am - 1am AEST 7 days a week.	
<b>MensLine Australia</b>	1300 789 978





Joy and happiness are bubbling through the air,  
there are pretty decorations and lights everywhere  
Packages and presents, gifts for everyone around  
The scents of rich foods and fine meals abound.

Come with me now, I have some things you need to see:  
Look in your neighbours window, the one without a tree  
She may of lost her job, has three kids to feed and cries at night  
When her children awake - no presents will be in sight.

See the Old Father who sleeps out on the cold street  
On Christmas day he may not be sober or have food to eat.  
Pass no judgement as you do not know his journey.

Here is an old woman whose children deny she even lives.  
She has reached out, has changed her life, but no one forgives.  
She longs for the grandchildren she has never even seen,  
Not even a picture, they are all grown, she should be a queen.

So as you share your festive meal and open presents all day.  
Remember these others, give them a thought and maybe pray.  
They are all a part of our community as you are too.  
Feel blessed for what you have.

*Merry Christmas*

# 10 Days of Giving



*Daily challenges to  
spot our secret Elf*

*Daily Gift Give  
Aways*



# Merry Christmas

10 Days of Giving  
Commences  
2nd December  
Until  
13 December 2024





# Merry Christmas



It's Beginning to look a lot like Christmas...





**Lockyer**  
community  
centre

# Helping to Build Better Connections

- Struggling to stay connected with your community, friends, family?
- Need help with accessing health, government, online services?
- Do you want to feel empowered in the digital world?

Lockyer Community Centre provides FREE support session to assist, enhance your tech skills to build better connections, self resilience, future self-sustainability through sharing of skills and knowledge.

**Wednesdays by appointment.**

**To book or for more information:**

**Phone: 5462 3355**

**Lockyer Community Centre**

**14 Crescent St. Gatton**

Project proudly funded by:



# Santa's House

milk bed fireplace candy  
cookie chair tree lamp  
oven table present cocoa



b e d a b h e p c r  
d c o o k i e k h l  
c a n d y m r f a c  
o l f e c n t i i e  
c p p u o e a r r h  
o e m g o s b e t e  
a r a i w x l n a c  
m i l k z n e v o e  
a f p r e s e n t b



**FREE low-intensity  
mental health support**

## LIME PROGRAM

Feeling overwhelmed?  
Facing big life changes?  
Need support to regain  
your zest for life?

**We're here  
to help!**

WHO FOR?  
People aged  
**12+**



Through the Low Intensity Mental Empowerment (LIME) Program, you can receive five free counselling sessions to support your mental wellbeing.

Our compassionate and experienced mental health clinicians offer one-on-one support. They will help you discover practical ways to cope with stress from various aspects of life, so you can thrive now and in the future.

### HOW DO I ACCESS THE PROGRAM?

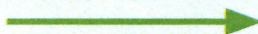
In addition to on-site sessions in Warwick, Dalby, Gatton, and Kingaroy, the Lives Lived Well team also offers telehealth services, extending coverage throughout the Darling Downs and West Moreton PHN catchments, as well as in the Western Queensland PHN catchment.

### HOW TO GET STARTED

**Self-referral:** You can refer yourself anytime! Just give us a call at 1300 727 957, or complete the referral form on our website, and we'll help you get started.

**Referrals from other services:** If you're linked with a GP, psychologist, or other service provider, they can refer you as well. This helps us understand how to best support you.

SCAN TO  
LEARN MORE



**Lives Lived Well**

For enquiries please contact us:

1300 727 957

[lime@liveslivedwell.org.au](mailto:lime@liveslivedwell.org.au)

[www.liveslivedwell.org.au](http://www.liveslivedwell.org.au)



Funded by

**phn**  
DARLING DOWNS  
AND WEST MORETON

An Australian Government Initiative

**phn**  
WESTERN QUEENSLAND

An Australian Government Initiative

**Lives Lived Well**  
LIME PROGRAM

## COMMUNITY SENSORY GARDEN

A welcoming community garden.  
A safe, vibrant and quirky space,  
delivering various  
sensory experiences.

*All welcome!*



FREE  
ENTRY



14 Crescent St,  
Gatton  
OPEN 7 DAYS



**Lockyer**  
community  
centre



# Art Therapy Session

# Christmas **MACRAME**

**WEDNESDAY 11TH DECEMBER  
FROM 12 NOON TO 2.30 PM**

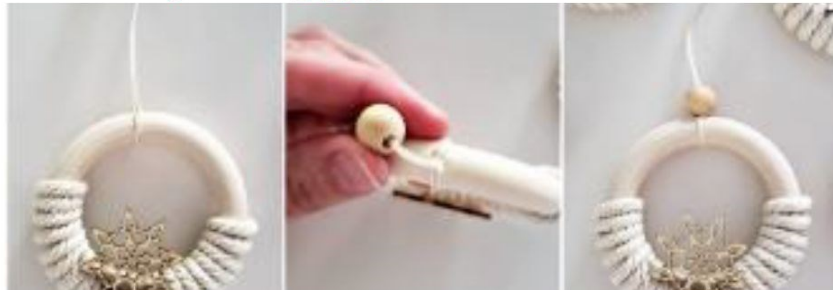
**LIMITED SPACES**

**ALL MATERIALS PROVIDED**

**INCLUDES LIGHT REFRESHMENTS**

**\$5.00 CONTRIBUTION FEE PAYABLE ON  
THE DAY.**

**P: 5462 3355 TO BOOK**



 **LOCKYER COMMUNITY  
CENTRE 14 CRESCENT ST,  
GATTON**



**Australian Government**  
**Department of Home Affairs**

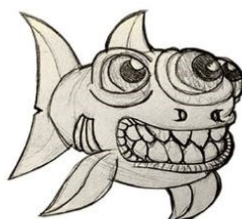


**Is your visa expiring?**  
**Let's chat!**

Department of Home Affairs - Status Resolution Officers will be visiting Gatton to give you information on visa options in Australia.

Gatton  
Thursday 12 December 2024 - 11:00am to 4:00pm

Lockyer Community Centre  
14 Crescent Street,  
Gatton QLD 4343



**Comic Book Workshop**  
**19th Dec. & 21st Jan. 2025**

Create your own Characters  
Design your own comic book

**FREE School Holiday Activity**  
**8yrs to 15yrs**

**Limited spaces available**  
**BOOK EARLY P: 5462 3355**

**10 am - 2pm**  
**inc. lunch**

# Local and Regional Support Services

## **Seventh Day Adventist Gatton**

49 North Street Gatton

**TEXT:** 0494 145 597

\$ 35 Food Hampers & Distribution

Thursdays 11:00 am – 2:00pm

Shower facilities available upon request

## **Food Assist**

148 Campbell street Toowoomba

\$30 food parcels

Mon-Fri 9am-4pm

4638 1939 or 4634 1157

With retail site - Heavily reduced items

[www.actscare.au/foodassist](http://www.actscare.au/foodassist)

## **Laidley Community Centre**

13 Mary St. LAIDLEY

5465 1889

Emergency Relief Program

Monday – Friday 9.00 am - 3.00 pm

[www.laidleycommunitycentre.org.au](http://www.laidleycommunitycentre.org.au)

## **St Vincent De Paul**

Cnr Mill & Byrne St. GATTON,

54622644

## **Salvation Army – Doorways**

5 Railway St. GATTON

1300 371 288

## **Harvest Angels Lowood**

Food Hampers Small \$30 or Large \$50

0478 028 983 or via Facebook page

[www.facebook.com/harvestangelsinc](http://www.facebook.com/harvestangelsinc)

**OR**

at door Wednesday & Friday 10am –

12pm

## **Homeless Helpline**

1800 474 753

## **Homestyle Lodge Laidley**

5462 3427 or 0450 590 331

## **Laidley Crisis Care**

5318 6811 or 1300 920 865

## **St. Vincent de Paul Toowoomba**

1800 846 643

## **GRANTHAM LODGE**

3114 7449

## **FAMILY HOUSING SUPPORT**

3230 3410

## **WOMEN + MEN refuge**

3832 1491

## **Women's Only**

3832 6073

## **MEN'S hostel**

1800 846 663

## **Place 2 stay Toowoomba**

4638 4050

## **STARH Ipswich**

1800 448 448 or 3281 3644

## **Yellow Bridge Toowoomba**

1300 882 764

## **Toowoomba Crisis Accommodation**

4639 1998

## Stuck for a Christmas Gift

Would you like to gift a membership voucher for  
Lockyer Toy Club

Memberships Range from \$40—\$80

Contact Lockie's Toy Club to organise a voucher today  
Lockyer Community Centre

Ph: 5462 3355

# TOY LIBRARIES

play \* creativity \* fun



Join your local toy library and gain access to a huge variety of toys, puzzles, games, dress-ups, ride-ons and large role play toys.



### Why join a toy library?

- help the environment and reduce landfill by sharing toys rather than buying them
- save money! For the price of one good quality toy you can have access to a great variety of toys all year round
- save space by not having to store large or multiple toys in your household
- allows you access to a great variety of good quality toys suitable for your child's needs,
- provides an opportunity to meet other young families and be part of your community
- try toys before you buy for birthdays etc.

Toy Libraries



AUSTRALIA

Lockyer Community Centre  
14 Crescent St, Gatton 4343  
Ph: (07) 5462 3355  
Email: [info@lockyercc.com.au](mailto:info@lockyercc.com.au)  
Website: <https://lockiestoyclub.sets.com.au>



# THANK YOU TO OUR SPONSORS, PARTNERS AND LOCAL SUPPLIERS



Lockyer Valley Ford

LOCKYER  
SOILS

GATTON MEAT  
CENTRE



14 CRESCENT STREET, GATTON 4343

OPENING HOURS:  
MONDAY TO FRIDAY 9:00M - 3:30PM  
EXCLUDING PUBLIC HOLIDAYS

CONTACT US  
PH: 5462 3355  
E: [INFO@LOCKYERCC.COM.AU](mailto:INFO@LOCKYERCC.COM.AU)

# *What's Happening*

**Ten Days of Giving  
Mon 2nd Dec—Fri 13th Dec  
Lockyer Community Centre**

**Festival Parcel Sale  
Thurs 5th Dec 9am  
Lockyer Community Centre**

**Bunnings Plainland Family Night  
Thurs 5th Nov 6pm—8pm**

**Jingle & Mingle  
Bugler Park Grantham  
Sat 7th Dec 3pm—7pm**

**Comic Book Workshop  
19th Dec & 21st Jan 2025  
10am—2pm  
Lockyer Community Centre**

